

CANADIAN ROCKIES HIGHLIGHTS FROM VANCOUVER

07 Nights / 08 Days

Highlights:

- **Vancouver** – Capilano Suspension Bridge, Granville Island, Stanley Park, Robson Street, The Aquarium, Art Museum and Science Centre.
- **Rocky Mountaineer** – Rail tour experience
- **Banff** – Tunnel Mountain, Hoodoo viewpoint, Sulphur Mountain, Banff Gondola, Lake Louise and Yoho Valley

Day 01 Arrive Vancouver

Arrive at Vancouver International Airport. Transfer to hotel and check in. Rest of the day at leisure on own. Overnight at the Hotel.

Day 02 Vancouver

After breakfast proceed for sightseeing of Vancouver. Visit the world famous Capilano Suspension Bridge in North Vancouver. Suspended 230 feet above the Capilano River, this is truly a unique and fun experience. Also visit the Granville Island, Stanley Park, Robson Street, The Aquarium, Art Museum and Science Centre. Overnight at the Hotel.

Day 03 'Rocky Mountaineer' from Vancouver to Kamloops

Today morning check out early and transfer by taxi (included) to Vancouver's Pacific Central Station to board 'Rocky Mountaineer' daylight train to Kamloops at 0730 Hrs. Spectacular views abound as you travel through the Coastal Mountains, Fraser Valley and Hell's Gate. (Breakfast and Lunch onboard the train). Arrive at Kamloops evening at 1735 Hrs. Transfer to Hotel. Dinner and overnight at the Hotel.

Day 04 'Rocky Mountaineer' from Kamloops to Banff

Today morning transfer to the Kamloops train station (included) where you will reboard 'Rocky Mountaineer' at 0630 Hrs. and continue on your journey to the Canadian Rockies (Breakfast and Lunch onboard) to Banff. Travel through the South Thompson River area, Kicking Horse Pass and Spiral Tunnels before arriving into Banff at 1900 Hrs. Arrive at Banff and transfer by motorcoach (included) to your downtown hotel. Overnight at the Hotel.

Day 05 Banff

After breakfast take an excursion of Banff town and its attractions. You will ascend 'Tunnel Mountain Drive' to view the town of Banff and the 'Hoodoo' view point. Visit the scenic 'Bow Falls' and then there is an opportunity to ride the Banff Gondola (included) to the top of 'Sulphur Mountain' for unforgettable panoramic views. Fare includes admission for the Banff Sulphur Mountain Gondola. You will have several photo opportunities during the day before you are dropped back to the hotel. Optional - **Hike the Banff Skywalk**. There are more view-decks on the main level, as well as the start of a 1 km long elevated skywalk that leads visitors along Sulphur Mountain's summit ridge to the Cosmic Ray Station National Historic Site of Canada, and the historic Sanson's Peak Meteorological Station. This afternoon take a cruise around Banff

National Park's largest lake – Lake Minnewanka. Cruise for 1.5 Hrs., travelling beneath the jagged peaks of Mount Aylmer and Mount Inglismaldie the hoodoo clusters and into Devil's Gap. Big horn sheep, deer, bears and eagles are frequently seen at the water's edge. After the cruise transfer back to the hotel. Overnight at the Hotel.

Day 06 Banff

After breakfast day at leisure. Optional – visit the Banff Upper Hot Springs and Spa for a complete rejuvenating experience. All the amenities of a modern facility are featured in this splendid, historic spa and bath house - against a backdrop of Banff's spectacular alpine scenery. You will luxuriate in the comfort of soothing hot springs where travelers have come to "take the waters" for more than a century. Indulge in one of the many Spa treatments at an additional cost. Afternoon free to explore the town. Shop at one of the many eclectic shops and boutiques, dine at one of the many restaurants which have spectacular views of the mountains or other summer activities like wildlife viewing, rafting and lots more. Overnight at the Hotel.

Day 07 Banff – Excursion to Lake Louise and Yoho Valley

After breakfast proceed for full day excursion to Lake Louise at 0845 Hrs. (Approx. 9 Hrs. tour). Explore the natural attractions of Lake Louise and Yoho National Park. With our experienced driver guide journey along the Bow Valley Parkway to 'Johnston Canyon' where time is provided for a short walk along the canyon. Learn about Castle Mountain while on your way to lunch (included). At 'Lake Louise', the "Jewel of the Canadian Rockies" you'll have time to stroll the shores and photograph the famous Victoria Glacier. In the afternoon see the incredibly blue 'Moraine Lake' before crossing the Great Divide for a stop at the 'Spiral Tunnels' viewpoint, where three lines of railway are laid at different elevations to cross the Kicking Horse River on four bridges. Marvel at Emerald Lake and then relax and wander around the trails at 'Takakkaw Falls', the second-largest waterfall in Canada before your return trip to Banff. Overnight at the Hotel.

Day 08 Banff – Calgary

After breakfast check out and transfer by Motorcoach to Calgary. Arrive at Calgary and stay overnight at downtown hotel or proceed directly to Calgary International Airport for your departure flight.